

# WA Trauma Education Audit Report 2008

Prepared by the Injury and Trauma Health Network affiliated -  
Western Australian Trauma Education Committee (WATEC)





## Background

The principal goal of the Injury and Trauma Health Network Advisory Group is to advise on the development of population-centred, sustainable and effective clinical services across all continuums of care.

The responsibilities of the Injury and Trauma Health Network (IandTHN) Executive Advisory Group (EAG) outlined within the Terms of Reference (2008) are to deliver the following:

- Develop and implement a state-wide policy framework for injury prevention and trauma services.
- Develop appropriate models of care to strive for equitable access to services.
- Provide advice on health priorities, goals and targets that relate to injury prevention and trauma treatment and management in WA.
- Provide advice and support in the development of policies that support integration of services through partnerships and collaborations across organisations and government service providers.
- Advise on appropriate evidenced-based standards of care including benchmarks, accreditation and credentialing.
- Advise on workforce needs and the education and training required by clinicians and other relevant professions and the community.
- Advise on the development of injury surveillance and trauma research data systems to inform planning, policy and strategy.
- Ensure the production of an annual report that is made available to the public.

In keeping with several of the responsibilities of the EAG it was decided that a web based directory of WA Trauma Education opportunities would be a useful tool for those interested in or responsible for facilitating professional development.

To this end the EAG supported by the WA Trauma Education Committee (WATEC), a sub-group of the Injury and Trauma Health Network, conducted a WA Trauma Education Audit which informed this directory.

## Invitation to all interested providers

The directory as reported is by no means an exhaustive list of all available trauma education. However, it does provide direction to a wide variety of professional development opportunities available to West Australians. If you would like to have your organisations education courses considered for possible inclusion in the audit as part of an annual update simply submit the details, including a contact persons phone number or email address to [healthpolicy@health.wa.gov.au](mailto:healthpolicy@health.wa.gov.au) ;attention Injury and Trauma Health Network Development Officer, Trauma Education Directory.

## Important Disclaimer:

All information and content in this Material is provided in good faith by the WA Department of Health, and is based on sources believed to be reliable and accurate at the time of development. The State of Western Australia, the WA Department of Health and their respective officers, employees and agents, do not accept legal liability or responsibility for the Material, or any consequences arising from its use.



## Farmsafe WA Alliance Child Safety on Farms

Website: <http://www.farmsafewa.org>

### Target Audience

Farmsafe WA Alliance is a not-for-profit community based organisation whose members are farmers, community organisations and individuals who promote awareness and education of farm safety.

### Content

Visit website for fact sheets on creating a safe environment for children on Farms.

They relate to the key child injury risks on farm and best practice safety recommendations.  
Help us reduce child deaths and injuries on WA farms

Using the Family Farm Safety Kit in your school will help reduce the likelihood of such accidents and injuries to children who live on farms in your community. The Family Farm Safety Kit, for use by year 3 teachers, includes:

- A Teacher's pack (with activity outcomes, teacher's notes, and activities) [PDF 538k]
- A Teacher's survey form [PDF 174k]
- A brochure for parents [PDF 381k].

The materials were developed by the WorkSafe Division of the Department of Consumer and Employment Protection to help educate rural children about some of the most common hazards on farms.

### Contacts

If you have any further queries about the kit please contact WorkSafe's Publications Officer on (08) 9327 8775.

WorkSafe SmartMove - Primary Industry Education Module

<http://www.safetyline.wa.gov.au/PageBin/edcnwssm0178.htm>



Farmsafe WA Alliance

### Farm Safety Course - Managing Farm Safety

Website: <http://www.farmsafewa.org>

#### Target Audience

Farmsafe WA Alliance is a not-for-profit community based organisation whose members are farmers, community organisations and individuals who promote awareness and education of farm safety.

#### Content

The Managing Farm Safety one-day workshops are a practical, hands on program for delivery of current best practice management for farm health and safety. The workshops assist farmers from all types of enterprise to develop skills and management tools to meet their legal requirements and productivity goals. Workshop participants receive a comprehensive resource package and may be eligible for substantial discounts on workers compensation insurance premiums.

#### Contacts

On line

Farmsafe WA Alliance

### Personal Health and Safety

Website: <http://www.farmsafewa.org>

#### Target Audience

#### Content

The Farm Safety series of fact sheets have been produced for people working or living on farms, and for those who manage or work in other agricultural enterprises, such as orchards, market gardens, vineyards and plant nurseries. The Farm Safety series of fact sheets cover different aspects of farm safety. Farm employers can use these fact sheets as part of the induction training program of new employees. Induction should include sufficient information, training and supervision to enable

#### Contacts

On line



workers to do their work without risk of injury or harm.

**Kidsafe WA**

Website: <http://www.kidsafewa.com.au>

**Target Audience**

Kidsafe is the leading Australian, non-government, not-for-profit charitable organisation dedicated to preventing unintentional childhood injuries and reducing the resulting deaths and disabilities associated with childhood "accidents" in children under the age of 15 years.

**Content**

Kidsafe WA has an extensive list of Injury Prevention Fact Sheets online and in print.

**Contacts**

On line

**Kidsafe WA**

**Research and Injury Surveillance**

Website: <http://www.kidsafewa.com.au>

**Target Audience**

**Content**

Kidsafe WA has conducted a number of specialised research projects relating to child injury prevention. We also established the first child injury surveillance system at Princess Margaret Hospital in 1986.

- NIPPER- (Neighbourhood Injury Prevention Programme for Education and Research) was launched in May 1988 as a pilot study being conducted in a target area in the northern suburbs

**Contacts**

To find out more about Kidsafe WA's research and injury surveillance projects and reports visit the website - [www.kidsafewa.com.au](http://www.kidsafewa.com.au)



of Perth using the logo "Looking after NIPPER". It included the postcode areas 6018, 6021, 6022, 6060, 6061, 6064.

- Drowning Report- In 1998 Kidsafe WA conducted "A Descriptive Study of Childhood Drowning in Western Australia: 1987 to 1996". The study was sponsored by Healthway and The Royal Life Saving Society of Australia.
- Child Car Restraints Report- Over the past few year Kidsafe WA has conducted a number of studies into child car restraint use and misuse. Several papers have also been presented at conference in Australia and Overseas.

PMH Injury Surveillance Reports

- Kidsafe WA produces Quarterly Injury Surveillance Bulletins linked to the data collected at Princess Margaret Hospital Emergency Department through the hospital's Injury Surveillance System.

Kidsafe WA

**Road Safety**

Website: <http://www.kidsafewa.com.au>

**Target Audience**

**Content**

The Road is a dangerous place for children as passengers in vehicles, as pedestrians, on bicycles/scooters and in their own driveways.

Kidsafe WA Child Car Restraint Services Fitting, Checking, Hiring and Information/Advice Service

- Kidsafe offers this cost effective service for those who are unsure about how to fit their child's car

**Contacts**

To find out more about Kidsafe WA's road safety services and projects visit the website



seat or those that just want to check that they have fitted the seat correctly. BOOKINGS ARE ESSENTIAL.

Road Safety Publications

- Kidsafe WA produces and distributes a number of publications relating to road safety for children.

Kidsafe WA

**Safety in Schools Week**

Website: <http://www.kidsafewa.com.au>

**Target Audience**

**Content**

Safety in Schools Week can help reduce the incidence of injury through education. It encourages schools to address safety in a holistic manner, using the Health Promoting Schools framework and activities linked to the curriculum framework.

**Contacts**

On line

Kidsafe WA

**Safety Rules OK**

Website: <http://www.kidsafewa.com.au>

**Target Audience**

**Content**

The program is modelled on the 'school safe cycle', a step by step process to identify injury causes and implement injury prevention strategies. Fundamental to the program is the formation of injury prevention committees which coordinate the program. The committee consists primarily of students as student ownership of the program will encourage lasting changes in prevention behaviour and safety attitudes.

**Contacts**

To access current Safety Rules OK! Teachers Resources and Student Activities download the topics of interest supplied on the Safety in Schools Week Page or Healthway Support Sponsorship Teachers Notes visit the website

Safety Rules OK! is a whole school approach to injury



prevention which adopts environmental, educational and promotional strategies to work towards injury free schools. The program is designed to support safety curriculum activities in the classroom and assist schools to meet their duty of care responsibilities.

The George Institute

**Falls Prevention in the Older Person**

Website: <http://www.thegeorgeinstitute.org>

**Target Audience**

The George Institute for International Health seeks to improve global health through undertaking high quality research, and applying this research to health policy and practice

**Content**

One-semester online unit teach students about the principles of falls prevention and falls injury prevention in the older person with a focus on the practical application of these principles

**Contacts**

On line

The George Institute

**Injury Epidemiology Prevention and Control**

Website: <http://www.thegeorgeinstitute.org>

**Target Audience**

**Content**

One-semester online unit teaches students about the principles on injury epidemiology, prevention and control. It provides a basis for the assessment and investigation of injury issues, and the development, implementation and evaluation of injury prevention programs.

**Contacts**

On line



The George Institute

### Injury Prevention Workshop

Website: <http://www.thegeorgeinstitute.org>

#### Target Audience

#### Content

#### Contacts

Two day intensive course aims to provide students with a clear understanding of the magnitude of the injury burden, both in the developed and developing world, and the strategies that are required to address this burden. Important contributors to the incidence of injuries and their longer-term sequelae will be discussed. Known effective interventions for the prevention of injuries are outlined and challenges in implementing these strategies in community based settings will be considered.

On line

WorkSafe

### Planet ThinkSafe

Website: <http://bizline.docep.wa.gov.au/thinksafe>

#### Target Audience

#### Content

#### Contacts

The Planet ThinkSafe website provides students with safety information in an exciting interactive way using Flash animation, colourful graphics and explanatory text. It has been developed to suit students from around 7 to 11 years old.

Interactive self guided program covering think safe concepts at home, school, playgrounds, on roads.  
Teacher package attached

On line



WorkSafe

**Safetyline Institute**Website: <http://bizline.docep.wa.gov.au/safetyline>**Target Audience**

The SafetyLine Institute provides learning guides and associated readings and resources to help learners at workplaces develop competencies in key units of the national occupational health and safety qualifications.

**Content**

Self directed educational package covering units of competence in OSH training packages.

**Contacts**

On line

WorkSafe

**Smartmove**Website: <http://www.safetyline.wa.gov.au>**Target Audience**

WorkSafe is a division of the Department of Consumer and Employment Protection, the Western Australian State Government agency responsible for the administration of the Occupational Safety and Health Act 1984. The principal objective of the Occupational Safety and

**Content**

Self directed educational package covering safety and health laws and concepts for young people commencing work. Teacher package attached.

**On line**



Health Act 1984 is to promote and secure the safety and health of persons in the workplace.

School Drug Education and Road Aware  
Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**

- The big four - speed, fatigue, drink/drug driving, restraints
- Novice driver review
- Safer vehicles
- Child car restraints
- Young drivers
- Crossing roads
- Parents as role models
- Children and road safety
- Road surfaces and engineering
- Crash statistics
- Mobile phones and other distractions
- Regional road safety

On line

Reports and information can be downloaded from the following agencies and websites.

Road Safety Research, Policing and Education conference proceedings

<http://www.rsconference.com/?check=1>

Australian Transport Safety Bureau (ATSB)

[www.atsb.gov.au](http://www.atsb.gov.au)



Australian Academy of Science (Fatal Impact - the Physics of speeding cars)

[www.science.org.au](http://www.science.org.au)

The WA Child Health Promotion Research Unit (WACHPRU)

<http://chpru.ecu.edu.au/index.php>

ARRB Group <http://www.arrb.org.au/>

Institute of Transport Studies - Monash University

<http://civil.eng.monash.edu.au/>

Road Accident Research Unit (RARU) - Adelaide University

<http://casr.adelaide.edu.au/>

Indigenous Road Safety HealthInfoNet

<http://www.healthinfonet.ecu.edu.au/roadsafety>

Main Roads WA

<http://www.mainroads.wa.gov.au/NR/mrwa/run/start.asp>

Roadwise <http://www.roadwise.asn.au/>

Injury Control Council <http://www.iccwa.org.au/>

School Drug Education and Road Aware

**Steps for Safer Driving**

Website: <http://www.sdera.wa.edu.au>

Target Audience

Content

The Steps to Safer Driving workshop provides information for parents and carers to help young people to become safer drivers through supervised

Contacts

On line



driving practice. Resources are provided at these workshops including a Supervised driving guide and a practice planner.

Steps to Safer Driving is a free, school community-based initiative for young people and their parents/carers that aims to promote the importance of supervised driving practice for learner drivers. By attending the 1 ½ hour interactive session, parents/carers and the learner driver will learn about:

- the risks for young drivers
- the importance of getting as much supervised driving practice as possible
- how to develop vehicle, traffic and safety skills
- how to plan and communicate to take the stress out of driving practice

Schools can contact the RAC in the metropolitan area, or RoadWise representatives and SDERA Regional Project Officers in regional areas to facilitate the session. Alternatively, school staff can facilitate a Steps to Safer Driving workshop after participating in a professional development process conducted by SDERA.

School Drug Education and Road Aware

Child Car Restraints

Website: <http://www.sdera.wa.edu.au>

Target Audience

Content

Your child is safest in a correctly fitted child car

Contacts

On line



restraint. Child car restraints are designed to provide the best available protection to your child.

All children < 26kg or approximately 7 years travelling in a car must be restrained in an approved child car restraint. Approved child car restraints are marked with the code AS1754 which indicates that the car restraint meets strict requirements regarding the materials, design, construction, performance, testing and labelling.

When choosing a restraint you need to ensure a restraint suits your child, car and individual needs.

It pays to get an approved person to fit your child's restraint. An incorrectly fitted child car restraint can result in an increased risk of injury.

For more information on suitable child car restraints see the child car restraint brochure [pdf 1.10MB] and fact sheets.

For information on child car restraint fitting services visit [www.childcarrestraints.com.au](http://www.childcarrestraints.com.au)

School Drug Education and Road Aware

**Road Aware Parents**

Website: <http://www.sdera.wa.edu.au>

Target Audience

Content

Parents, carers and families play an essential role in children's road safety education.

What happens to children in the early years has consequences right through the course of their lives.

Contacts

On line



There are many opportunities to get involved and make a difference to the lives of children and young people.

Evidence shows that the most effective time to get involved in good road safety practices is early childhood, including the ante-natal period.

Road Aware Parents aims to promote parent and community involvement in road safety education and improve road safety outcomes for children aged 0 - 4 years. Training is offered to child health professionals and community agencies who provide a service to parents/carers/families who have young children. It supports and encourages parents and carers to model safe behaviours and make safer decisions for young children in traffic.

The key initiative is Smart Steps, a parent and carer education program regarding the use of:

- child car restraints and general passenger safety
- safe pedestrian practices

School Drug Education and Road Aware

### Road Aware Kids

Website: <http://www.sdera.wa.edu.au>

#### Target Audience

#### Content

Parents, carers and families play an essential role in children's road safety education.

Road Aware Kids aims to provide:

- road safety resources and professional development for school staff who teach students

#### Contacts

On line



- in Kindergarten to Year 10
- parents/carers with resources and information specific to their child's age and road safety

School Drug Education and Road Aware

Road Aware Drivers

Website: <http://www.sdera.wa.edu.au>

Target Audience

Content

Contacts

Parents, carers and families play an essential role in the road safety education of young people.

On line

Road Aware Drivers aims to prepare young people for a lifetime of safer driving by:

- promoting positive road users attitudes and behaviours
- promoting extensive and quality supervised driving practice
- involving parents and the community in youth road safety education

Two resources have been developed to support this aim:

Keys for Life pre-driver program

- A pre-driver (before L plates) program for young people (15 and 16 year olds) at school and out of school, including an opportunity for young people to sit the road rules test at school.

Steps to Safer Driving parent-learner

- A parent program to raise awareness about issues affecting young drivers and passengers and to



promote increased supervised driving hours.

School Drug Education and Road Aware  
**Road Aware Access and Equity 15-20 year olds**  
Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**

The Access and Equity Project was created to explore these issues. The Project is specifically targeting 'at risk' young people who, for genuine hardship and disadvantage reasons, are at risk of not being able to get 120 hours of experience through lack of access to a suitable driving supervisor and/ or vehicle.

On line

The Access and Equity Project conducted a community consultation process across Western Australia to engage with young people, parents, school staff, community agencies that work with young people and various stakeholders about their views on the recommendation. These groups have worked in collaboration with central and regional SDERA staff to look at possible strategies that could be developed to address identified issues. The Project is continuing to explore ideas for building local and sustainable provision within the community to support young people who for various hardship and disadvantage reasons would need to support to complete 120 hours of supervised driving.

All the findings from the consultation will be presented in a report to Cabinet and the future directions of this Project will then be determined.



The Access and Equity Project is linked directly to: Arriving Safely: Road Safety Strategy for Western Australia 2003-2007, in particular Preparing Tomorrow's Road Users and is funded by the Insurance Commission of WA.

School Drug Education and Road Aware

### Drug Education in Focus

Website: <http://www.sdera.wa.edu.au>

#### Target Audience

#### Content

Drug Education In Focus provides school staff with:

- professional development and resources to plan and implement practical resilience and drug education outcomes-focused programs
- personal and professional development in the latest research and information in alcohol and other drug use issues
- modelling of classroom strategies from SDERA resources that help students explore attitudes and values and develop self management and interpersonal skills
- links with parents, community, health agencies and other health promoting schools.

This professional development opportunity is presented as a one-day workshop with a follow-up day conducted several months later. The follow-up day consolidates and reviews the implementation of the SDERA resources and provides additional relevant information and skills. A certificate of attendance will

#### Contacts

All associated costs including teacher relief for the 2 days are covered by SDERA.

Workshops are scheduled at various times throughout the year.



be provided on completion of the follow-up day.

School Drug Education and Road Aware

### Keeping in Touch

Website: <http://www.sdera.wa.edu.au>

#### Target Audience

#### Content

Keeping In Touch offers professional development in early intervention to all school-based staff. It serves to increase knowledge and understanding around drug use issues and to introduce practical strategies and support pathways to aid in the management of drug use issues in schools. It considers:

- the role of the staff member in working with drug use issues within duty of care
- attitudes and beliefs around drug use
- how and why drug use may become an issue
- knowledge and skill development in identifying students in need of support
- strategies and practices to aid intervention/support provision
- development of partnerships between schools and specialist agencies to provide sustainable support to staff.

This professional development is offered over two consecutive days with a one-day follow up session. A copy of the Keeping In Touch resource will be provided to all participants as a CD ROM.

A certificate of attendance will be provided on completion of the professional development

#### Contacts

All associated costs including teacher relief are covered by SDERA. Workshops are scheduled at various times throughout the year.

For further information contact the Keeping In Touch Project Officer on 9264 4556 or e-mail

[catriona.coe@det.wa.edu.au](mailto:catriona.coe@det.wa.edu.au)



workshop.

School Drug Education and Road Aware  
**Drug Education Forum Workshop**  
Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

All WA schools have been allocated funding to take part in conducting a drug education forum by July 2008, either as an individual school initiative or in a cluster of schools combining funding for a joint forum. Education systems and sectors have signed an agreement with the Australian Government in support of the project.

SDERA provides fully funded professional development on how to conduct a drug education forum using student participatory approaches.

The workshop:

- outlines the suggested process for organising a forum
- provides examples of drug education forums that have been conducted by other schools
- explores youth participation principles
- considers how to engage parents and the wider community
- utilises the Leading Education About Drugs (LEAD) resource.

**Contacts**

All workshop costs are covered, including teacher relief, through funding from the Australian Government, Department of Education, Science and Training.



School Drug Education and Road Aware

**REDI (Resilience Education and Drug Information) for Primary/Secondary**

Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**

REDI (Resilience Education and Drug Information) for Primary/Secondary

On line

The Australian Government has produced a range of drug education resources which all schools in Australia have received. They include:

- Cannabis and consequences (secondary)
- Rethinking drinking (secondary)
- Principles for school drug education
- Innovation and Good Practice Monographs
- REDI resources

The REDI resources focus on preventing and reducing harm from drug use by helping students to develop the knowledge, skills and attitudes they need to become more resilient young people. They are the first set of national drug education resources to focus on resilience.

School Drug Education and Road Aware

**Alcohol and Cannabis in Focus**

Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**

This one-day professional development workshop is aimed at upper primary and secondary educators as well as interested members of the school community. Alcohol and Cannabis In Focus provides participants

Information and registration forms are faxed to schools several times throughout the year.



with:

- personal and professional development in the latest research and information on alcohol and cannabis drug use issues
- an opportunity to explore alcohol use and the role of the media
- modelling of classroom strategies from SDERA and Australian Government resources that help students to explore attitudes and values as well as develop self management and interpersonal skills

Resources to be unpacked at this one-day workshop are:

- Rethinking Drinking
- Cannabis and Consequences
- A certificate of attendance will be provided on completion of the workshop.

School Drug Education and Road Aware  
**Challenges and Choices: Resilience, drug and road safety education**  
 Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

School staff can attend a one-day professional development workshop that focuses on:

- drug and road safety issues for children and young people
- implementing outcomes-focussed health programs in a resilience, drug and road safety context
- development of self-management and interpersonal skills using SDERA's early childhood,

**Contacts**

All associated costs including teacher relief are covered by SDERA.

Workshops are scheduled at various times throughout the year.



middle childhood and early adolescence  
Challenges and Choices resources.

Participants are requested to bring the Challenges and Choices teacher resource for their students' phase of schooling.

A certificate of attendance will be provided on completion of the professional development workshop.

School Drug Education and Road Aware  
**Professional Learning Series**

Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

Fully funded network seminars are conducted after school hours each term and in various locations around the metropolitan and regional areas. School staff who have attended a SDERA workshop, as well as those who are interested in being involved with SDERA professional development in the future are welcome to attend.

Seminars begin with afternoon tea and networking at 4.00pm. A guest speaker presents information on a specific topic which is then followed by dinner.

Seminars are an ideal way for educators to:

- network with like-minded people
- hear the latest information and research on topics specifically related to resilience, drug and road safety education.

Past presentations have included Alcohol and its

**Contacts**

Invitations are faxed to schools and, as these seminars are very popular, numbers are limited to 50 at each venue (metropolitan) with a maximum of two people from each school attending.



impact on young Western Australians; Cannabis: Latest research; Current trends in illicit drug use in Perth and Pharmaceuticals and Over-the-counter medications are real drugs!

A certificate of attendance will be provided on completion of the network seminar.

School Drug Education and Road Aware  
**Steps to Safer Driving: Parent and learner session**  
Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**

Steps to Safer Driving is a free, school community-based initiative for young people and their parents/carers that promotes the importance of supervised driving practice for learner drivers.

On line

The 1 ½ hour interactive session provides parents/carers and the learner driver with:

- latest research and information about road safety issues for young people and the importance of getting as much supervised driving practice as possible
- strategies to develop vehicle, traffic and safety skills
- ideas on how to plan supervised driving practice
- ways to communicate to take the stress out of driving practice.

Schools can contact the RAC in the metropolitan area or RoadWise and SDERA Regional Project Officers to facilitate the session.



Alternatively, school staff can facilitate a Steps to Safer Driving session after participating in a professional development workshop conducted by SDERA.

School Drug Education and Road Aware

**Smart Steps: Road safety education for carers of 0-4 year olds**

Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**

Evidence that shows that the most effective time to get involved in good road safety practices is early childhood, including the ante-natal period (Elliott, 2001).

On line

Smart Steps is a free parent and carer community based education program that supports parents and carers to model safe behaviours and make safer decisions in the road environment for young children. It addresses three key areas of risk regarding the use of child car restraints and general passenger safety, safe pedestrian practices and safer play.

**Professional training**

Training is offered to child health and community agency professionals who provide a service to parents, carers and families who have young children.

Participants of the Smart Steps training workshop will receive a free presenter's kit and a certificate of participation.



Resources contained in the Smart Steps education kit are:

- Facilitator manual
- Driveway safety kit
- DVD of vignettes related to passenger, pedestrian and play safety
- CD of songs related to passenger, pedestrian and play safety
- Traffic sign pack.

School Drug Education and Road Aware

The area of road safety is well researched and covers a variety of topics.

Website: <http://www.sdera.wa.edu.au>

Target Audience

Content

- The big four - speed, fatigue, drink/drug driving, restraints
- Novice driver review
- Safer vehicles
- Child car restraints
- Young drivers
- Crossing roads
- Parents as role models
- Children and road safety
- Road surfaces and engineering
- Crash statistics
- Mobile phones and other distractions
- Regional road safety

Contacts

- [www.sdera.wa.edu.au](http://www.sdera.wa.edu.au)
- [www.atsb.gov.au](http://www.atsb.gov.au)
- [www.science.org.au](http://www.science.org.au)
- [www.arrb.org.au](http://www.arrb.org.au)
- [www.nrma.com.au](http://www.nrma.com.au)
- [www.civil.eng.monash.edu.au](http://www.civil.eng.monash.edu.au)
- [www.casr.adelaide.edu.au](http://www.casr.adelaide.edu.au)
- [www.healthinonet.ecu.edu.au/roadsafety](http://www.healthinonet.ecu.edu.au/roadsafety)
- [www.mainroads.wa.gov.au](http://www.mainroads.wa.gov.au)
- [www.roadwise.asn.au](http://www.roadwise.asn.au)
- [www.iccwa.org.au](http://www.iccwa.org.au)

Reports and information can be downloaded from the following agencies and websites.



- Road Safety Research, Policing and Education conference proceedings
- Australian Transport Safety Bureau (ATSB)
- Australian Academy of Science (Fatal Impact - the Physics of speeding cars)
- The WA Child Health Promotion Research Unit (WACHPRU)
- ARRB Group
- ANCAP crash test site
- Institute of Transport Studies - Monash University
- Road Accident Research Unit (RARU) - Adelaide University
- Indigenous Road Safety HealthInfoNet
- Main Roads WA
- Roadwise
- Injury Control Council

School Drug Education and Road Aware  
**Keys for Life: Pre-driver education**  
 Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

The one-day Keys for Life workshop provides school staff with :

- personal and professional development in the latest research and information about road safety, statistics and theory
- professional development and resources to plan and implement a balanced outcomes-focused pre-driver education program
- information and guidelines for delivering the

**Contacts**

A follow-up workshop is scheduled for Term 2 and Term 4 of each year.

Schools may send more than one staff member to the workshop. All associated costs including teacher relief are covered by SDERA. Workshops are scheduled at various times throughout the year.



- program and Learner's Permit Theory Test
- links with community health and road safety agencies who can support their school-based program.

Schools intending to implement the Keys for Life pre-driver education program can only access the resources by attending a one-day Keys for Life workshop. These are run in both metropolitan and regional areas.

A certificate of attendance will be provided on completion of the professional development workshop.

School Drug Education and Road Aware  
**Keys for Life: Follow-up**  
 Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

**Contacts**  
On line

The one-day Keys for Life follow-up workshop is only available to school staff who have attended the Keys for Life pre-driver education workshop.

The Keys for Life follow-up workshop provides school staff with:

- the latest research and information about road safety issues for young people
- the opportunity to share experiences after implementing the Keys for Life pre-driver education program
- more ideas and strategies to use in their pre-driver education program



- information about other resources such as Rethinking Drinking and Cannabis and Consequences (REDI resources) that can be integrated with the Keys for Life pre-driver education program.

A certificate of attendance will be provided on completion of the professional development workshop.

School Drug Education and Road Aware  
**Child Car Restraint Fitting Course**  
Website: <http://www.sdera.wa.edu.au>

**Target Audience**

**Content**

RoadWise conduct a Type 1 Child Car Restraint Fitting Course which aims to provide participants with the knowledge and skills to competently fit child car restraints in vehicles and to become part of a state-wide network of qualified and approved Type 1 Fitters.

**Contacts**

The courses are scheduled at various times throughout the state. To find out more refer to the RoadWise website <http://www.roadwise.asn.au/ccr/dates> or phone (08) 9213 2066.



Advanced Paediatric Life Support, Australia

## Advanced Paediatric Life Support (APLS)

Website: <http://www.apls.org.au>

### Target Audience

Multidisciplinary. The course is principally aimed at medical staff but more nurses are completing this course as providers.

### Content

Three day certified international course from the U.K. The course includes:

#### Lectures

- Basic life support
- Recognition of the seriously ill child
- Airway and ventilation
- Management of cardiac arrest
- Child with arrhythmia
- Defibrillation
- Breathing difficulties
- Shock
- Decreased conscious level
- Convulsions
- Seriously injured child
- Chest, Abdominal and spinal injury
- Head trauma
- Burns and scalds
- Near drowning

#### Workshops

- Pain management
- Acid base
- Septic child
- Fluid and electrolytes
- Neurological assessment

### Contacts

On line



- Transportation
- Vascular access I, II.
- Surgical airway
- Thoracic and Spinal skills
- Radiology

Certification is valid for five years following successful completion of the course.

Australian College of Critical Care Nurses (ACCCN)

**Adult Advanced Life Support course**

Website: <http://www.acccn.com.au>

**Target Audience**

Registered and Enrolled Nurses

**Content**

- ECG Rhythm Recognition
- Defibrillation theory and practical
- Cardiac arrest management
- Airway management
- Emergency Pharmacology
- Trauma assessment and scenarios
- Ethical issues
- Manual and SAED defibrillation competency

**Contacts**

On line

Australian College of Critical Care Nurses (ACCCN)

**Paediatric Resuscitation Study Day**

Website: <http://www.acccn.com.au>

**Target Audience**

Nursing staff in metropolitan, regional and district hospitals.

**Content**

The course covers Paediatric Assessment and Differences, drug and fluid calculations, IO needle insertion, airway management and oxygen therapy, paediatric resuscitation,

**Contacts**

Courses are booked on request.



recognition of the critically ill child and trauma and transport.

Australian College of Emergency Nursing (ACEN)

Trauma Nursing Core Course (TNCC)

Website: <http://www.acen.com.au>

**Target Audience**

Registered Nurses  
16 per Course

**Content**

2 Day Course, covers:

- Mechanism of Injury
- Initial assessment (Primary and Secondary survey)
- Shock
- Brain and Craniofacial Trauma
- Thoracic and Neck trauma
- Abdominal Trauma
- Spinal Trauma
- Musculoskeletal Trauma
- Brain Trauma
- Trauma and Pregnancy
- Psychological aspects of Trauma Care
- Stabilisation, transfer and transport
- Demonstration of the trauma nursing process station
- Skill stations
- Station 1 (nursing process)
- Station 2 (nursing process)
- Evaluation scenario - Spinal Immobilisation
- Airway and ventilation interventions.

**Contacts**

On line



For verification the participant must complete a multiple-choice examination of 50 questions and a pass score of 80% must be attained and successfully complete all psychomotor skill stations.

Certification remains current for four years.

Australian Red Cross  
**Advanced CPR (Oxygen)**

Website: <http://www.redcross.org.au>

**Target Audience**

Open to all who have a current CPR certificate.

**Content**

Provides advanced training in CPR covering the selection and use of various mechanical aids to resuscitation including positive pressure and supplemental oxygen.

**Contacts**

Conducted in three locations refer to Website for course dates and locations. Fees vary on location. Contact 1300 367 428 for information. [www.redcross.org.au/firstaid](http://www.redcross.org.au/firstaid)

Australian Red Cross  
**First Aid for Child Care**

Website: <http://www.redcross.org.au>

**Target Audience**

Ideal for those working within a child care setting.

**Content**

Providing skills and knowledge in First Aid Management of children within a child care setting. Meets the recommendations of both the Australian Resuscitation Council and the Department of Community Development.

**Contacts**

Conducted in three locations refer to Website for course dates and locations. Fees vary on location. Contact 1300 367 428 for information. [www.redcross.org.au/firstaid](http://www.redcross.org.au/firstaid)



<p>Australian Red Cross  <b>First Aid for Child Care</b>          Website: <a href="http://www.redcross.org.au">http://www.redcross.org.au</a></p>		
<p><b>Target Audience</b></p>	<p><b>Content</b>          Provides first aider with the knowledge and skills to carry out first aid for life threatening injuries and illnesses, as well as to provide first aid care for injuries and illnesses in the home and workplace.</p>	<p><b>Contacts</b>          Conducted in three locations refer to Website for course dates and locations. Fees vary on location. Contact 1300 367 428 for information. <a href="http://www.redcross.org.au/firstaid">www.redcross.org.au/firstaid</a></p>
<p>Australian Red Cross  <b>Senior First Aid Refresher (Workplace level 2)</b>          Website: <a href="http://www.redcross.org.au">http://www.redcross.org.au</a></p>		
<p><b>Target Audience</b></p>	<p><b>Content</b>          Course allows the first aider to update the knowledge and skills gained (within the previous 3 years) and revise first aid procedures and be updated on changes since their previous Workplace 2 or Senior First Aid Course.</p>	<p><b>Contacts</b>          Conducted in three locations refer to Website for course dates and locations. Fees vary on location. Contact 1300 367 428 for information. <a href="http://www.redcross.org.au/firstaid">www.redcross.org.au/firstaid</a></p>
<p>Australian Red Cross  <b>Basic Cardio-Pulmonary Resuscitation</b>          Website: <a href="http://www.redcross.org.au">http://www.redcross.org.au</a></p>		
<p><b>Target Audience</b>          Anyone wishing to learn CPR</p>	<p><b>Content</b>          Course is designed to teach the knowledge and skills necessary to maintain breathing and circulation in an adult, child, and infant following cardiac arrest.</p>	<p><b>Contacts</b>          Conducted in three locations refer to Website for course dates and locations. Fees vary on location. Contact 1300 367 428 for information. <a href="http://www.redcross.org.au/firstaid">www.redcross.org.au/firstaid</a></p>



Australian Red Cross

### Basic First Aid (Workplace Level 1)

Website: <http://www.redcross.org.au>

#### Target Audience

#### Content

Provides first aider with the knowledge and skills to carry out emergency first aid for life threatening injuries and illnesses, as well as to provide first aid care for injuries and illnesses in the home and workplace.

#### Contacts

Conducted in three locations refer to Website for course dates and locations. Fees vary on location.

Contact 1300 367 428 for information.  
[www.redcross.org.au/firstaid](http://www.redcross.org.au/firstaid)

Clinical Training and Education Centre (CTEC)

### Advanced Life Support (ALS)

Website: <http://www.ctec.uwa.edu.au>

#### Target Audience

Healthcare professionals who would use the skills taught in their clinical duties or as part of their teaching on a regular basis.

#### Content

Internationally accredited course developed to standardise the teaching of cardiac arrest and resuscitation management.

#### Contacts

On line

Clinical Training and Education Centre (CTEC)

### ProjectImmediate Life Support (ILS)

Website: <http://www.ctec.uwa.edu.au>

#### Target Audience

Medical and nursing staff from non-critical care areas, allied health personnel, including cardiac technicians, occupational therapists, physiotherapists, radiographers, dentists and dental nurses.

#### Content

Essential knowledge and skills to manage adult patients in pre-arrest and cardiac arrest preceding the arrival of a medical emergency team or other experienced medical assistance.

#### Contacts

On line



<p>Council of Remote Area Nurses of Australia (CRANA)  <b>Remote Emergency Care (REC)</b>          Website: <a href="http://www.crana.org.au">http://www.crana.org.au</a></p>		
<p><b>Target Audience</b>          Rural and Remote registered and enrolled nurses, aboriginal health workers, ambulance officers and isolated practice General Practitioners.</p>	<p><b>Content</b>          Variety of aspects of emergency care - paediatric, obstetric and cardiac emergencies, envenomation and fluid resuscitation.</p>	<p><b>Contacts</b>          On line</p>
<p>Department of Health WA  <b>Bombs, Blasts and Bullets</b>          Website: <a href="http://www.health.wa.gov.au/disaster">http://www.health.wa.gov.au/disaster</a></p>		
<p><b>Target Audience</b>          Senior and middle level managers and clinicians from across the health sector are encouraged to apply.</p>	<p><b>Content</b>          The course is aimed at providing participants with the knowledge skills and attitudes to respond effectively to such events. The course specifically reviews what the risk, threat and specific vulnerability is to such an emergency, as well as the clinical management of casualties with injuries resulting from these events.</p>	<p><b>Contacts</b>          Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.</p>
<p>Department of Health WA  <b>Disaster Medicine Course</b>          Website: <a href="http://www.health.wa.gov.au/disaster">http://www.health.wa.gov.au/disaster</a></p>		
<p><b>Target Audience</b>          The course is designed for senior and middle-level managers and clinicians across the health sector.</p>	<p><b>Content</b>          Disaster Medicine is the prevention, production and mitigation of the effects of disasters on the health of communities, the provision of appropriate treatment for those</p>	<p><b>Contacts</b>          Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.</p>



affected and the restoration of health services. The provision of health and medical care in response to a disaster often involves mass casualty management.

Department of Health WA

### Emergotrain

Website: <http://www.health.wa.gov.au/disaster>

#### Target Audience

Health organisations (hospitals, SJA) that wish to test their system response to a disaster (eg ability to decant, activate plans, receive a large number of casualties, triage and treat as required etc.) or educate staff in disaster response.

#### Content

Developed in Sweden, the Emergotrain System uses whiteboards and magnetic symbols to simulate resources and patients at a disaster site.

#### Contacts

Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.

Department of Health WA

### Introduction to Emergency Management (2 days)

Website: <http://www.health.wa.gov.au/disaster>

#### Target Audience

Any health service or ambulance staff, who have an interest or a role to play in the event of a major incident or emergency (disaster).

#### Content

This course aims to provide participants with the background knowledge to enable them to assist with a response to a disaster or major incident. The course will focus on:

- The risk of emergencies occurring,
- Strategies to prepare for emergencies including WA arrangements,
- Response arrangements,
- How the health service will manage in an emergency,

#### Contacts

Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.



- Public Health issues,
- Interactive planning and response sessions.

Department of Health WA

**Major Incident Medical Management Courses (MIMMS) Team Member (2 days) Commander (3 Days)**

Website: <http://www.health.wa.gov.au/disaster>

**Target Audience**

The courses are open to all registered medical practitioners, registered nurses, paramedics and ambulance officers. Members of the Defence Forces and disaster organisations have also been trained with this system. Those who work in the fields of emergency or disaster medicine/nursing, and pre-hospital care will find the courses useful.

**Content**

The Major Incident Medical Management and Support (MIMMS) courses teach a systematic approach to disaster medical management. This approach can be applied to any major incident. The emphasis is on the scene management and the majority of the courses are based on practical skills.

There are 2 courses available. A Commander course and a Team Member course.

**Commander Course**

The content includes command safety, communication, assessment, triage, treatment and transport, through:

- structured lectures
- a series of table-top exercises
- practical exercises in radio communication
- casualty simulation triage exercises
- workshops
- field exercises for command training involving airport and large crowd incidents (sports or similar).

**Contacts**

Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.



**Team Member Course**

This course takes the key aspects of the Commander course, which are relevant for those members of a response team, who will have a more hands on role rather than a commander or coordination role

Department of Health WA  
**Medical CBR (3 days)**

Website: <http://www.health.wa.gov.au/disaster>

**Target Audience**

Medical and health personnel (doctors, nurses, paramedics) who may be involved in providing medical support in response to a deliberate CBR incident.

**Content**

This course aims to provide health and medical personnel with an understanding of the procedures to be employed in medically managing a CBR incident. It will provide participants with the knowledge, skills and expertise to enable them to identify the threat and risk assessment of CBR materials in Australia, to identify the characteristics and medical treatment for chemical, biological and radiological agents, including toxic industrial chemicals, and to initiate a medical response to such an incident. This course will conclude with an exercise.

**Contacts**

Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.

Department of Health WA  
**Rural Roadshows**

Website: <http://www.health.wa.gov.au/disaster>

**Target Audience**

Health staff and representatives from other organisations likely to

**Content**

Content - Introduction to Emergency Management concepts and arrangements and

**Contacts**

Contact DPMU on 9222 2017 to organise a Emergotrain course in your location.



be involved in Disaster Response eg FESA, SJA, WAPOL, Local Govt, GPs etc. exposure to Triage principles, Mass Casualties and Preparing the Hospital for Disaster Response.

Department of Health WA

**Other (Department of Health) Courses**

Website: <http://www.health.wa.gov.au/watec/committee/overview.cfm>

**Target Audience**

Health care professionals

**Content**

All staff who are involved in the provision of trauma care management need appropriate education and skills in resuscitation, stabilisation and continuing care. Efficient and effective trauma management will be dependent upon the provision of education and training programs that meet the needs of staff working in emergency care settings. WATEC are responsible for the development of suitable training programs for all relevant health professionals involved in the management of trauma patients. Therefore access to a variety of programs is available via the WATEC website.

**Contacts**

<http://www.health.wa.gov.au/watec/committee/overview.cfm>

Edith Cowan University

**Emergency Nursing - Master of Clinical Nursing**

Website: <http://www.ecu.edu.au>

**Target Audience**

Registered Nurses

**Content**

This course is conducted over 2 semesters at Edith Cowan University in collaboration with other health services.

**Contacts**

On line



Emergency Life Support Committee - NSW

**Emergency Life Support**

Website: <http://www.elscourse.com.au>

**Target Audience**

Doctors managing medical emergencies without the benefit of immediate on-site specialist back up.

**Content**

Day 1 Cardiac/ Toxicology/ Neurological Emergencies Day 2 Environmental/Circulation/ Respiratory Emergencies.

**Contacts**

On line

Fremantle Hospital

**Triage and Trauma**

Website: <http://www.fhhs.health.wa.gov.au>

**Target Audience**

Registered Nurses

**Content**

Week one Triage and Trauma are offered as a separate course, programme contents include.

- Evidence Based Nursing
- Legal Issues
- Triage
- Respiratory physiology, assessment and emergencies
- Arterial Blood Gas Analysis
- Primary and secondary assessment and resuscitation
- Trauma - Biomechanics, head, spinal, chest
- Pain Management
- Shock
- Fluids and Electrolytes
- Infection Control and public health

**Contacts**

On line



- IV cannulation
- Modes of ventilation
- Medical evacuation
- Ultrasound in ED

Workshops include

- Respiratory assessment
- Arterial Blood Gas Analysis
- Airway Management
- Spinal Immobilisation an application of collars
- Trauma
- Triage
- Extrication
- Oxylog 2000
- IV cannulation
- Chest X-Ray interpretation



Queensland Government

## Pre Hospital Trauma Life Support (PHTLS)

Website: <http://www.sdc.qld.edu.au>

### Target Audience

GPs, Registered Nurses, Enrolled Nurses, Paramedics

### Content

Two day multidisciplinary course offered to participants who have clinical experience in emergency, critical care and pre-hospital setting. The course consists off a mixture of lectures and practical skill stations.

Lecture Topics include:

- Kinetics of Trauma
- Airway Management and ventilation
- Spinal, Head and Thoracic Trauma
- Patient Assessment and Management
- Abdominal Trauma / Trauma in Pregnancy
- Considerations in the Paediatric and Elderly Patient
- Shock and Fluid Resuscitation
- Thermal Trauma Injuries
- Golden Principles of Pre hospital Trauma Care

Skill Station include:

- Spinal Immobilisation.
- Patient Assessment and Management
- Basic and Advanced Airways
- Rapid Extrication
- Paediatric Assessment and Management

### Contacts

On line



/Paediatric Immobilisation.

To achieve a certificate of attendance participants must attend for two full days. To receive an advanced provider certificate participants must complete the written multiple-choice examination with a mark of 74% or greater and successfully complete four psychomotor skill stations.

Professional Assoc of Diving Instructors (PADI)

### Emergency First Response Course

Website: <http://www.prodiver.com.au>

#### Target Audience

Scuba Divers/Snorkelers

#### Content

The Emergency First Response course is for students seeking CPR training to meet a diving course requirement for personal enhancement or as part of a community service activity. This is a basic training course which covers cardiopulmonary resuscitation and emergency care in a cohesive manner. It is a medically based course designed to provide the patient with a continuity of care as that patient is passed from the first person on the scene to the paramedics and finally on to the physicians in the emergency room. The skills of patient care necessary to support the life of an ill or injured person are covered in seven modules in which practical application and hands-on practice are emphasised. Students learn these skills in the same

#### Contacts

Regularly through various diving organisations.



sequence they would use in caring for a patient. Training is accomplished in seven separate modules of instruction with segments within modules reinforcing the priorities of care and approach to the patient. As a student you will develop confidence in your ability to respond and perform these simple skills in an actual emergency. The course can be completed over a one day period.

Royal Australasian College of Surgeons

### Early Management of Severe Trauma Course (EMST) adapted from the Advanced Trauma Life Support (ATLS) Course

Website: <http://www.surgeons.org>

#### Target Audience

Medical Practitioners

#### Content

Two and a half day intensive course in the management of injury victims with emphasis on a systematic clinical approach to trauma management.

#### Lectures

- Initial Assessment
- Airway and Ventilatory Management
- Shock
- Head and Neck Trauma
- Thoracic Trauma
- Injury to Burn and Cold
- Spine and Spinal Cord Trauma
- Musculo-Skeletal Trauma

#### Contacts

On line



- Secondary Survey Demonstration
- Trauma in the Extremes of Age
- Trauma in Women
- Stabilisation and Transport

Skill Stations

- Airway and Ventilation Management
- Shock Assessment and Management
- Head and Neck Trauma Assessment
- X-ray Identification of Thoracic Trauma
- Musculo-Skeletal Trauma Assessment
- Spinal Cord Injury Assessment
- X-rays Identification of Spine Injury
- Immobilisation

For verification the participant must complete a multiple-choice examination with a pass score of 80% and successfully complete all psychomotor skill stations.

Certification is valid for four years following successful completion of the course.

Royal Life Saving WA

**Aquatic Rescue for Play leaders - Lifesaving**

Website: <http://www.rise.com.au>

**Target Audience**

**Content**

To provide after school child care workers with the skills and knowledge to supervise children and conduct basic risk analysis and rescue skills for shallow water environments.

**Contacts**

Conducted in varied locations refer to Website for course dates and locations. [www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)



Royal Life Saving WA

### Aquatic Rescue for Play leaders Re-qualification - Lifesaving

Website: <http://www.rise.com.au>

Target Audience

Content

A refresher course to update lifesaving skills specifically for Play leaders and supervisors.

Contacts

Conducted in varied locations refer to Website for course dates and locations.  
[www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)

Royal Life Saving WA

### Aquatic Safety Games for Children

Website: <http://www.rise.com.au>

Target Audience

Content

The Wet'n'Wise education program offers a comprehensive range of free classroom resources and teaching ideas which link to national water safety, swimming and life saving programs.

The Wet'n'Wise 'in school' program builds student's knowledge and understanding of water safety skills, lifesaving, and personal survival skills, while promoting responsible fun in and around water.

Contacts

Visit website for further information  
[www.lifesavingwa.com.au/wetnwise/site/adult/teachers](http://www.lifesavingwa.com.au/wetnwise/site/adult/teachers)

Royal Life Saving WA

### Defibrillation Training Course - First Aid and Emergency Care

Website: <http://www.rise.com.au>

Target Audience

Content

This program will provide up to date training for individuals in the use of an Automatic External Defibrillator AED.

Contacts

On line



Royal Life Saving WA

### Essential First Aid - First Aid and Emergency Care

Website: <http://www.rise.com.au>

Target Audience

Content

A one-day training program covering basic first aid skills, including resuscitation. The course is recognised by the Child Care Board of Western Australia and meets the Level 1 - Basic First Aid standard as determined by WorkSafe (Western Australia).

Contacts

On line

Royal Life Saving WA

### First Aid and Emergency Care

Website: <http://www.rise.com.au>

Target Audience

Content

Program teaches the lifesaving skill of Cardio-pulmonary resuscitation and Expired Air Resuscitation.

Contacts

Conducted in varied locations refer to Website for course dates and locations.  
[www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)



Royal Life Saving WA

### Heart Beat Club - First Aid and Emergency Care

Website: <http://www.rise.com.au>

#### Target Audience

#### Content

To develop the life-saving skill of resuscitation in our community. The Heart Beat Club is a community education initiative of Royal Life Saving that aims to increase your skills and confidence of parents and family members in cardio-pulmonary resuscitation (CPR).

#### Contacts

Get a group of 10 people together and session will be conducted at location of your choice. Conducted in varied locations refer to Website for course dates and locations. [www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)

Royal Life Saving WA

### HLTFA1A - Basic First Aid - WA State Government CUA 40304

Website: <http://www.rise.com.au>

#### Target Audience

#### Content

The Basic First Aid course is conducted over a two day period covering basic first aid skills, including resuscitation. The course is also recognised by the Child Care Board of Western Australia.

#### Contacts

Please contact RISE on 1800 800 435 to talk to someone from the customer service centre.

Royal Life Saving WA

### HLTFA2A - Advanced First Aid - WA State Government CUA 40304

Website: <http://www.rise.com.au>

#### Target Audience

#### Content

The Advanced First Aid training program teaches the essential skills required to administer first aid to a victim of illness or injury until the arrival of professional medical help. An Advanced First Aid certificate from

#### Contacts

Please contact RISE on 1800 800 435 to talk to someone from the customer service centre.



Royal Life Saving is recognised as a pre-requisite for employment by the WA Department of Police other Commercial and Government agencies.

Royal Life Saving WA  
**Oxygen Resuscitation - First Aid and Emergency care**

Website: <http://www.rise.com.au>

**Target Audience**

**Content**

Provides training in basic oxygen resuscitation theory and practice. It introduces techniques to recruit the assistance of an untrained bystander to assist with CPR. The course includes training in the use of oxygen therapy for a spontaneously breathing casualty and oxygen supplemented expired air resuscitation via pocket mask for a non-breathing casualty.

**Contacts**

Conducted in varied locations refer to Website for course dates and locations.  
[www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)

Royal Life Saving WA  
**Resuscitation Re-qualification - First Aid and Emergency Care**

Website: <http://www.rise.com.au>

**Target Audience**

**Content**

Update/re-qualification course for those that have attended First Aid and Emergency Care in the last 12 months.

**Contacts**

Conducted in varied locations refer to Website for course dates and locations.  
[www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)

Royal Life Saving WA  
**Senior First Aid - First Aid and Emergency care**

Website: <http://www.rise.com.au>

**Target Audience**

**Content**

Program teaches the essential skills required

**Contacts**

Conducted in varied locations refer to



to administer first aid to a victim of illness or injury until the arrival of professional medical help.

A Senior First Aid certificate is recognised as a pre-requisite for employment by the WA Department of police and meets the level 2 - Workplace First Aid standard as determined by Worksafe (WA).

Website for course dates and locations.  
[www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)

Royal Life Saving WA

### Senior First Aid Re-qualification - First Aid and Emergency care

Website: <http://www.rise.com.au>

#### Target Audience

#### Content

Requalify participants in Senior First Aid skills.

#### Contacts

Conducted in varied locations refer to Website for course dates and locations.  
[www.rise.com.au/training/courses](http://www.rise.com.au/training/courses)

Royal Perth Hospital

### Burn Management Programme - Metropolitan Study Day

Website: <http://www.rph.wa.gov.au>

#### Target Audience

Relevant to all health care workers involved in burn care, from first intervention to rehabilitation.

#### Content

Course content to include:

- Resuscitation and Transfer for Major Injury
- Managing Pain
- Management Strategies for Minor Injury
- Management of Paediatric Injury
- Telehealth for Burns

#### Contacts

On line



Royal Perth Hospital Advances Burns Nursing Course Modules 1-3 Website: <a href="http://www.rph.wa.gov.au">http://www.rph.wa.gov.au</a>		
Target Audience	Content	Contacts
Nurses working with and caring for burns patients.	Introduction to burns nursing concepts, complex burns concepts advanced burns concepts.	On line
Royal Perth Hospital Burn Management Programme Website: <a href="http://www.rph.wa.gov.au">http://www.rph.wa.gov.au</a>		
Target Audience	Content	Contacts
Relevant to all health care workers involved in burn care, from first intervention to rehabilitation.	Course content to include: <ul style="list-style-type: none"><li>• Burn Wound Assessment</li><li>• First Aid Management</li><li>• Resuscitation and Stabilisation</li><li>• Nursing Management and Transfer</li><li>• Managing Pain</li><li>• Managing Function</li><li>• Scar Outcomes</li><li>• Workshops</li><li>• Triaging Burn Injury</li></ul>	On line
Royal Perth Hospital Telehealth Sessions Website: <a href="http://www.rph.wa.gov.au">http://www.rph.wa.gov.au</a>		
Target Audience	Content	Contacts
Relevant to all health care workers involved in burn care, from first intervention to rehabilitation.	Week 1. Assessment/Resus Week 2. Minor Burn - wound care options Week 3. Ongoing Management	On line



Week 4. Therapy - management case studies  
Week 5. Paediatric Considerations

Royal Perth Hospital

### Trauma Management Course

Website: <http://www.rph.wa.gov.au>

#### Target Audience

Registered, Enrolled and  
Rural/Remote Nurses

#### Content

A six-day course recommended to all nurses  
working in acute care and emergency centres,  
course covers:

- Airway Management
- Burns
- First Aid Management
- Shock
- Paediatric Trauma
- Forensic Aspects of Trauma
- Ethic-Legal issues
- Spinal Injuries
- This course is a didactic course with no  
'hands on' learning.

#### Contacts

On line

Sir Charles Gairdner Hospital/ Curtin University of Technology

### Graduate Certificate in Emergency Nursing

Website: <http://www.scgh.health.wa.gov.au>

#### Target Audience

Registered Nurses

#### Content

Graduate Certificate of Emergency Nursing  
(54-week program) - which is accessible to  
postgraduate students who meet the selection  
criteria. This course is not offered in part as a  
trauma component. The trauma lectures are  
spread over the year and the student is

#### Contacts

On line



assessed clinically whilst managing a trauma patient.

Sir Charles Gairdner Hospital/ Curtin University of Technology

### Graduate Certificate of Critical Care

Website: <http://www.scgh.health.wa.gov.au>

**Target Audience**  
Registered Nurses

**Content**  
Graduate Certificate of Critical Nursing (54-week program) - which is accessible to postgraduate students who meet the selection criteria. This course is not offered in part as a trauma component. The trauma lectures are spread over the year and the student is assessed clinically whilst managing a trauma patient.

**Contacts**  
Annually

Sports Medicine Australia (WA Branch)

### ProjectCommunity Refresher course

Website: <http://www.smawa.asn.au>

**Target Audience**

**Content**  
A practical course designed to re-assess the skills of participants whose accreditations is due to expire.  
  
Participants will be asked to move through a series of stations in which they will be asked to prove their competency in the following areas:

- Crisis Management (CPR and EAR)
- Bleeding and Hard Tissue Injuries
- Soft Tissue Injuries

**Contacts**  
On line



- Taping

Sports Medicine Australia (WA Branch)

### Community Sports First Aid Course

Website: <http://www.smawa.asn.au>

#### Target Audience

#### Content

A 14 hour course designed to teach the basic elements of first aid, with an emphasis on sporting injuries.

The course will include:

- Prevention of Injury
- Crisis Management Techniques (Basic Life Support)
- Immediate Injury Management
- Transport of the Injured Athlete
- Skin Injuries ... and more

#### Contacts

On line

St John Ambulance

### 1 Day Senior First Aid - Flexible Learning Option (pre-requisite applies)

Website: <http://www.ambulance.net.au>

#### Target Audience

The course is designed for those who would like to obtain a Senior First Aid qualification through flexible learning.

#### Content

The course provides a good general grounding in first aid and will qualify you to perform life support skills. It satisfies training requirements across many industries and attainment of this qualification will enable you to progress on to further courses.

#### Contacts

Refer to Website for course dates and locations.



<p>St John Ambulance  <b>2 Day Senior First Aid</b>          Website: <a href="http://www.ambulance.net.au">http://www.ambulance.net.au</a></p>		
<p><b>Target Audience</b>          General course that would benefit all those at work, home or leisure.</p>	<p><b>Content</b>          The course provides a good general grounding in first aid and will qualify you to perform life support skills. It satisfies training requirements across many industries and attainment of this qualification will enable you to progress on to further courses.</p>	<p><b>Contacts</b>          On line</p>
<p>St John Ambulance  <b>Advanced Resuscitation</b>          Website: <a href="http://www.ambulance.net.au">http://www.ambulance.net.au</a></p>		
<p><b>Target Audience</b>          Minimum course requirement where a person requires the skills and knowledge in the use of advanced resuscitation equipment.</p>	<p><b>Content</b>          This course is designed for first aiders who are required to use advanced resuscitation equipment in their place of employment.</p>	<p><b>Contacts</b>          On line</p>
<p>St John Ambulance  <b>Basic Resuscitation</b>          Website: <a href="http://www.ambulance.net.au">http://www.ambulance.net.au</a></p>		
<p><b>Target Audience</b>          Anyone requiring a qualification in resuscitation should attend.</p>	<p><b>Content</b>          This course will qualify you to perform basic life support skills.</p>	<p><b>Contacts</b>          On line</p>



St John Ambulance

**Basic Workplace First Aid**Website: <http://www.ambulance.net.au>**Target Audience**

Anyone requiring a qualification in resuscitation and would like to learn how to manage common injuries.

**Content**

This course meets WorkSafe - Code of Practice requirements and will qualify you to perform basic life support skills. Also introduces management of fractures, strains, burns and small section on legislation and simple record keeping.

**Contacts**

On line

St John Ambulance

**Caring for Kids**Website: <http://www.ambulance.net.au>**Target Audience**

This course is designed for professionals or volunteers working with children 0-18 years and anyone undertaking Certificate III or Diploma in Children Services or Certificate IV or Diploma in Out of School Hours Care.

**Content**

This course is approved by the Department for Community Development (Child Care Licensing and Standards Unit).

**Contacts**

On line

St John Ambulance

**Child Care First Aid**Website: <http://www.ambulance.net.au>**Target Audience**

Course is designed for those who need or want a first aid qualification for children and the Caring for Kids qualification is not

**Content**

This course is approved by the Department for Community Development. It will qualify you to perform basic life support skills for children and infants and introduces you to

**Contacts**

On line



required, such as parents, relatives, child care workers not undertaking a certificate or diploma qualification and others caring for children.

management of childhood illness and injuries.

St John Ambulance

### Child Life Support

Website: <http://www.ambulance.net.au>

#### Target Audience

Parents, relatives and anyone who wishes to gain or refresh basic skills in child and infant resuscitation.

#### Content

Introduces basic life support skills for children and infants, the management of burns and the use of an EpiPen for severe allergic reactions.

#### Contacts

On line

St John Ambulance

### Child Resuscitation Awareness

Website: <http://www.ambulance.net.au>

#### Target Audience

This course is ideal for parents, relatives and anyone who only has a short amount of time and would like to learn basic child resuscitation skills.

#### Content

Easy, short, hands on course designed to give an awareness of first aid for children covering the basics of child resuscitation.

#### Contacts

On line

St John Ambulance

### CPR123 NEW!

Website: <http://www.ambulance.net.au>

#### Target Audience

Ideal for anyone who only has a short amount of time, would like to learn some basic resuscitation skills and be able to practice these skills

#### Content

Personal learning programme affordable and easy way to learn and practice the core skills of adult and child Cardio Pulmonary Resuscitation in the convenience of your own

#### Contacts

On line



in the comfort and convenience of home or workplace.  
their home.

St John Ambulance

### Family Resuscitation Awareness NEW!

Website: <http://www.ambulance.net.au>

#### Target Audience

Ideal for anyone who only has a short amount of time, would like to learn some basic resuscitation skills and be able to practice these skills in the comfort and convenience of their home.

#### Content

Easy, short, hands on course designed to give you an awareness of first aid covering the basics of adult and child resuscitation.

#### Contacts

On line

St John Ambulance

### Industrial Emergency Response

Website: <http://www.ambulance.net.au>

#### Target Audience

Occupational First Aiders who have the responsibility of first aid rooms, emergency response and ambulance vehicles at industrial work sites.

#### Content

A specialist course for Occupational First Aiders at industrial work sites. Industrial Emergency Response is designed to incorporate training in equipment and skills specifically structured to manage a casualty within an ambulance.

#### Contacts

On line

St John Ambulance

### Industrial Emergency Response Refresher

Website: <http://www.ambulance.net.au>

#### Target Audience

Persons required to maintain Industrial Emergency Response qualifications and associated

#### Content

This course s designed to renew the advanced skills of the Industrial Health Officer at 12 and 24 months.

#### Contacts

On line



advanced skills.

St John Ambulance

### Industrial Paramedic

Website: <http://www.ambulance.net.au>

#### Target Audience

All industrial pre-hospital care personnel who are based at isolated sites, and who are responsible for short/medium term remote patient care.

#### Content

A specialist course for remote area pre-hospital care workers who are in control of a medical centre and or ambulance and have responsibility for responding to the needs of a casualty. The Industrial Paramedic course is specifically structured to incorporate training and the use of equipment, which will enable participants to perform paramedic advanced life support skills.

#### Contacts

On line

St John Ambulance

### Industrial Paramedic Refresher

Website: <http://www.ambulance.net.au>

#### Target Audience

All industrial pre-hospital care personnel with a current St John Ambulance Industrial Paramedic qualification who are based at isolated sites, who are responsible for short/medium term remote patient care (oil rigs, isolated mine sites).

#### Content

This course is designed to re-qualify participants in their skills, at 12 and 24 months following completion of the Industrial Paramedic course.

#### Contacts

On line



<p>St John Ambulance  <b>Occupational First Aid (pre-requisite applies)</b>          Website: <a href="http://www.ambulance.net.au">http://www.ambulance.net.au</a></p>		
<p><b>Target Audience</b>          Occupational First Aid is appropriate for a person whom is responsible for a first aid room or rendering first aid in the workplace.</p>	<p><b>Content</b>          This course meets WorkSafe - Code of Practice requirements. It builds on the skills acquired in the Senior First Aid course and will equip the first aiders with the skills to cope with injuries to employees in the work place.</p>	<p><b>Contacts</b>          On line</p>
<p>St John Ambulance  <b>Offshore Emergency Response</b>          Website: <a href="http://www.ambulance.net.au">http://www.ambulance.net.au</a></p>		
<p><b>Target Audience</b>          All industrial pre-hospital care personnel with a current St John Ambulance Occupational First Aid Qualification who are based on offshore platforms, and who are responsible for short term remote patient care.</p>	<p><b>Content</b>          A specialist course for pre-hospital care workers who have the responsibility for emergency response on an offshore platform. Incorporates training in equipment and skills to manage a casualty within this environment.</p>	<p><b>Contacts</b>          On line</p>
<p>St John Ambulance  <b>Offshore Emergency Response Refresher</b>          Website: <a href="http://www.ambulance.net.au">http://www.ambulance.net.au</a></p>		
<p><b>Target Audience</b>          All industrial pre-hospital care personnel with a current St John Ambulance Offshore Emergency Response qualification who are</p>	<p><b>Content</b>          This course is designed to re-qualify participants in their skills, at 12 and 24 months following completion of the Offshore Emergency Response course.</p>	<p><b>Contacts</b>          On line</p>



based on offshore platforms, and have responsibility for emergency response, and short term medical care of offshore personnel.

**St John Ambulance  
Offshore Paramedic**

Website: <http://www.ambulance.net.au>

**Target Audience**

All industrial pre-hospital care personnel with a current St John Ambulance Offshore Emergency Response qualification who are based on offshore platforms, and who are responsible for short-medium term remote patient care.

**Content**

A specialist course for remote area pre-hospital care workers who are in control of a medical centre and have the responsibility for responding to the needs of a casualty within a medical centre or an emergency. This course is specifically structured to incorporate training and the use of equipment, which will enable participants to perform support skills to enable the short-medium term care of patients.

**Contacts**

On line

**St John Ambulance  
Offshore Paramedic Refresher**

Website: <http://www.ambulance.net.au>

**Target Audience**

All industrial pre-hospital care personnel required to maintain associated skills.

**Content**

This course is designed to re-qualify participants in their skills, at completion of the Offshore Paramedic course.

**Contacts**

On line



St John Ambulance

**Online Crash Course**Website: <http://www.ambulance.net.au>**Target Audience**

Ideal for anyone who only has a short amount of time, would like to learn some basic skills and knowledge to be able to "Do Something" before the ambulance arrives at a crash scene in the comfort and convenience of their home.

**Content**

To give the participants basic skills and knowledge to "Do Something" before the arrival of the ambulance or medical professionals at a road crash.

**Contacts**

Online

St John Ambulance

**Remote Area First Aid (pre-requisite applies)**Website: <http://www.ambulance.net.au>**Target Audience**

This courses is recommended for surveyors, geologists, exploration teams, teachers, scout leaders and four-wheel drive enthusiasts. (Pre-requisite applies)

**Content**

This course is designed for people travelling or working in remote areas.

**Contacts**

On line

St John Ambulance

**Workplace First Aid (pre-requisite applies)**Website: <http://www.ambulance.net.au>**Target Audience**

Suitable for smaller businesses or those in larger organisations who support the Occupational First Aider.

**Content**

This course meets WorkSafe - Code of Practice requirements. It builds on the skills acquired in the Senior First Aid course and will provide trained first aiders with the skills

**Contacts**

On line



to cope with injuries to employees in the work place.

Western Australian Centre for Rural and Remote Medicine (WACRRM)

**Acute Crisis Resource Management (available only at CTEC in Perth)**

Website: <http://www.choosemedicine.uwa.edu.au>

**Target Audience**

Rural and Remote Doctors

**Content**

This one-day training course is conducted in Perth twice yearly. It deals with management of emergency situations and involves training on the anaesthetics simulator. The course will focus on a range of topics, including some or all of the following:

- The GP's role in maintaining patient safety
- General skills in crisis resource management
- How to manage specific crises
- Changes in practice which can improve patient safety.

**Contacts**

On line

Western Australian Centre for Rural and Remote Medicine (WACRRM)

**Cardiac Emergencies (1.5 days)**

Website: <http://www.choosemedicine.uwa.edu.au>

**Target Audience**

Rural and Remote Doctors

**Content**

The content includes general and specific topics related to cardiac emergencies, and uses an interactive tutorial format with varied teaching methods concentrating on small group discussion of case scenarios and practical skills sessions.

**Contacts**

On line



Western Australian Centre for Rural and Remote Medicine (WACRRM) <b>Focus on sports injuries and trauma WebCast</b> Website: <a href="http://www.choosemedicine.uwa.edu.au">http://www.choosemedicine.uwa.edu.au</a>		
<b>Target Audience</b> Rural and Remote Doctors	<b>Content</b> No Information currently available	<b>Contacts</b> On line
Western Australian Centre for Rural and Remote Medicine (WACRRM) <b>Frontline Gynaecology (1 day)</b> Website: Rural and Remote Doctors		
<b>Target Audience</b> Rural and Remote Doctors	<b>Content</b> Frontline Gynaecology is a one-day training course of seven hours duration which has been developed by WACRRM in conjunction with specialists from the Department of Obstetrics and Gynaecology at the Women's and Children's Health Service in Perth. It is a good mix of case based learning and practical skills workshops relating to common and acute gynaecological problems.	<b>Contacts</b> On line
Western Australian Centre for Rural and Remote Medicine (WACRRM) <b>MSOAP Training Emergency Airway Skills and Crisis Management</b> Website: <a href="http://www.choosemedicine.uwa.edu.au">http://www.choosemedicine.uwa.edu.au</a>		
<b>Target Audience</b> Rural and Remote Doctors practicing in Anaesthesia	<b>Content</b> The Medical Specialists Outreach Assistance Program (MSOAP) is a Commonwealth Government funded program part-administered by the Western Australian Centre for Remote and Rural Medicine (WACRRM) in WA to improve access to specialist medical services for Australians	<b>Contacts</b> Refer to Website for course dates and locations.



living in rural, regional and remote areas by bringing specialist services to their communities.

Anaesthetists and Technicians teaching Training Emergency Airway Skills and Crisis Management through the use of portable computerised manikin.

Western Australian Centre for Rural and Remote Medicine (WACRRM)

**Neonatal Emergencies (2 days)**

Website: <http://www.choosemedicine.uwa.edu.au>

**Target Audience**

Rural and Remote Doctors

**Content**

The interactive course consists of short seminars covering physiology, basic resuscitation steps, bag and mask, cardiac compression, intubation, drugs and other problems. These are interspersed with hands on practical sessions. The day concludes with "megacodes" where trainees are expected to perform full resuscitation scenarios

**Contacts**

On line

Western Australian Centre for Rural and Remote Medicine (WACRRM)

**Neurological Emergencies (1 day)**

Website: <http://www.choosemedicine.uwa.edu.au>

**Target Audience**

Rural and Remote Doctors

**Content**

This one day course covers general and specific topics related to neurological emergencies using tutor-led presentations and demonstrations, interactive case-based small group discussion and practical skills sessions

**Contacts**

On line



Western Australian Centre for Rural and Remote Medicine (WACRRM)

### Orthopaedic Emergencies (1 day)

Website: <http://www.choosemedicine.uwa.edu.au>

Target Audience	Content	Contacts
Rural and Remote Doctors	<p>This course will cover general and specific topics related to common bone and joint injuries using an interactive format with varied teaching methods concentrating on small group discussion of case scenarios and practical skills workshops.</p> <p>One course objective - Review trauma mechanisms and expected bone and joint injuries</p>	On line

Western Australian Centre for Rural and Remote Medicine (WACRRM)

### Toxicology Emergencies (1.5 days)

Website: <http://www.choosemedicine.uwa.edu.au>

Target Audience	Content	Contacts
Rural and Remote Doctors	<p>The course covers general and specific topics related to poisoning's, local toxicology and environmental emergencies using an interactive tutorial format concentrating on small group discussion of case scenarios.</p>	This course is currently unavailable

Western Australian Centre for Rural and Remote Medicine (WACRRM)

### Weekend Conferences

Website: <http://www.choosemedicine.uwa.edu.au>

Target Audience	Content	Contacts
Rural and Remote Doctors	Not currently available	On line



Western Australian Trauma Education Committee

## Trauma Nursing Core Course (TNCC)

Website: <http://www.health.wa.gov.au>

### Target Audience

Registered Nurses  
16 per Course

### Content

2 Day Course, covers:

- Mechanism of Injury
- Initial assessment (Primary and Secondary survey)
- Shock
- Brain and Craniofacial Trauma
- Thoracic and Neck trauma
- Abdominal Trauma
- Spinal Trauma
- Musculoskeletal Trauma
- Brain Trauma
- Trauma and Pregnancy
- Psychological aspects of Trauma Care
- Stabilisation, transfer and transport
- Demonstration of the trauma nursing process station
- Skill stations
- Station 1 (nursing process)
- Station 2 (nursing process)
- Evaluation scenario - Spinal Immobilisation
- Airway and ventilation interventions.

For verification the participant must complete a multiple-choice examination of 50 questions and a pass score of 80% must be attained and

### Contacts

On line



successfully complete all psychomotor skill stations.

Western Australian Trauma Education Committee

### Western Trauma Course (WTC)

Website: <http://www.health.wa.gov.au>

#### Target Audience

GPs, Registered Nurses, Enrolled Nurses, Paramedics, Volunteer Ambulance Officers, Industrial Paramedics, Industrial Occupational Health Nurses

#### Content

A one day fully portable trauma course based on the principles of the EMST course. General Practitioners, Registered Nurses, Enrolled Nurses and Volunteer Ambulance Officers are all encouraged to attend. The course includes lectures and interactive skill stations including:

#### Lectures

- Initial Assessment (VIDEO)
- Pain Management
- Head Injury
- Chest Injury
- Paediatric Trauma
- Abdominal Trauma
- Pitfalls of Interhospital transfer

#### Skill Stations

- Airway Management (Child)
- Airway Management (Adult)
- X-Ray interpretation
- Haemodynamic Stabilisation
- Spinal Immobilisation
- Case scenarios

#### Contacts

On line



Following completion of the course Drs can apply for CPD points through both ACRRM and the RACGP.

Nurses can apply for CNE points from the Royal Australian College of Nurses.

A certificated of attendance is sent out post course.

Women's Hospitals Australasia

### Advanced Life Support in Obstetrics (ALSO)

Website: <http://www.also.net.au>

#### Target Audience

Midwives, general practitioners and obstetricians, and others who provide maternity care.

#### Content

The course is a theoretical and practical course designed to assist health professionals develop and maintain the knowledge and practical skills to manage emergencies that may arise in maternity care.

The ALSO course is run over for two days, with a mixture of lectures and hands-on workstations, using life-like mannequins.

#### Contacts

On line



Rehab Management  
**ADL Assessments**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

The workers functional performance in the areas of personal self care and activities of daily living [ADL] are assessed. The assessment outlines the level and type of assistance the worker requires in order to live as independently as possible, and recommendations relating to equipment prescription and home modifications.

An Occupational Therapist assesses the functional performance, disability and home environment.

**Expected Outcome**

ADL Assessments provide treatment alternatives to assist in the achievement of Return to Work goals by overcoming injury barriers.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

Rehab Management  
**Case Conference**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

Case conferencing is an integral component of a proactive rehabilitation strategy. Case conferencing allows of all key parties including claimant, NTD, agent and rehabilitation provider to set mutually agreed goals; ensure roles and responsibilities are understood; and where agreed strategies are committed to and can be measured.

Case conferencing will also reduce the inefficient use of time and resources when trying to address a practitioner over the phone or by fax/e-mail correspondence. Case conferences can also include other treating practitioners [psychologists, work conditioning providers; pain management specialists; Return To Work coordinators; insurance brokers]

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.



Rehab management values the use of case conferencing as an effective tool in the promotion of:

- Medical certificate upgrades
- Challenging unhelpful beliefs about function and or work capacity
- Ensuring goal agreement is reached with key parties
- Promoting a best case scenario approach to problem solving and functional restoration

All Rehab Management consultants are trained to chair and negotiate during a case conference, with internal QA measures employed to ensure consistency of performance and of outcomes achieved.

#### Expected Outcome

Case conferences are a time and resource efficient method of ensuring goal agreement and strategies to achieve goals can be obtained by key parties all at one point in time.

#### Rehab Management

#### Claims Review Intervention

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

Finding suitable duties for injured workers is imperative, not only for the wellbeing of the employee but to reduce workers compensation costs and lower premium estimations.

The Claims Review Intervention assists employers at specific intervals post injury by reviewing Return to Work Plans and assisting in the provision of suitable duties upgrades prior to workers compensation premium estimation calculations.

#### When to use

- 10 weeks [for the 12 week review point]

#### Contacts

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.



- 24 weeks [for the 26 week review point]
- 50 weeks [for the 52 week review point]

The benefits of the claims review intervention to an employer are lower claims duration's, less ongoing provider use; and reduced workers compensation premium estimations.

#### Expected Outcome

The Claims Review Intervention is a direct approach to cutting costs and assists employers with suitable duties upgrades for injured workers.

#### Rehab Management

#### Earning Capacity Assessment

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

An Earning Capacity Assessment is a tool for Income Protection claims to establish economic loss.

The evaluation provides recommendations on the claimants functional capacity, work skills/ability, personality, transferable skills, work values, aptitude, interests and work readiness.

A comprehensive report will be provided which will provide the claimant's vocational options, retraining needs and labour market analysis.

#### Expected Outcome

Establish functional capacity to assist with setting economic loss for purpose of Income Protection.

#### Contacts

Currently conducted in New South Wales.  
According to the website an office is being established in Western Australia



Rehab Management

**Functional Capacity Assessment**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

Rehab Management use standardised and non-standardised assessment tools to formally evaluate a claimant's abilities and limitations against identified work related criteria.

The Functional Capacity Assessment determines the claimant's current functional capacity and work potential.

**Expected Outcome**

A Functional Capacity Assessment provides an evidence based platform from where RETURN TO WORK goals are established and can ultimately assist the achievement of the rehabilitation program.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

[www.rehabmanagement.com.au](http://www.rehabmanagement.com.au)

Rehab Management

**Functional Education**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

Functional Education is an evidenced based intervention utilising every day activities of daily living [ADL], work activities and exercise. An Occupational Therapist will set goals based on every day activities to promote recovery and monitor progress.

**Benefits**

- Increases functional performance which consequently transfers to the work environment.
- Reduces period of incapacity through the proficient and active involvement in home activities.
- Reduces likelihood of exacerbating pain behaviours through learned self pacing techniques.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia



- Empower the claimant to control and manage their injury which is likely to motivate them to return to work.

**Expected Outcome**

Functional Education achieves an increase in activity and return-to-work by improving the injured workers functional performance and promoting the workers coping skills and strategies for daily activities.

**Rehab Management**

**Initial Assessment**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

A Workplace Assessment is a specialised on-site assessment of a workers pre-injury duties and/or potential suitable duties.

The benefits of a thorough workplace assessment come not only in the form of resolutions to problems identified to be causing or aggravating workplace injuries; but identify preventative options, such as risk assessments, ergonomic advice, and training, to ensure future injuries do not occur.

A Workplace Assessment is strongly recommended for all musculoskeletal injuries within the first 4 weeks of injury.

**Expected Outcome**

The aim of the initial assessment is to gather information that ascertains the severity of the injury and limitations due to the injury, in order to develop a Return to Work Goal agreeable by all stakeholders.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

**Rehab Management**

**Labour Market Analysis [LMA]**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

A sound understanding of the labour market local to clients, is most effective

**Contacts**

Currently conducted in New South Wales.



in ensuring that a reasonable, available and achievable job goal can be achieved when seeking new employment.

A Labour Market Analysis [LMA] offers evidence in support of any application of a Section 40 or earning capacity assessment [Workplace Injury Management and Workers Compensation Act 1998].

#### Expected Outcome

LMA ensure that a recommended vocational goal is actually achievable within the local labour market and seek to minimise any ongoing loss subsequent to injury or illness given an individuals inability to resume their pre injury occupation.

#### Rehab Management NTD conference

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

An NTD conference is an integral component of a proactive rehabilitation strategy. The conference allows key parties including claimant, NTD, agent and rehabilitation provider to set mutually agreed goals; ensure roles and responsibilities are understood; and where agreed strategies are committed to and can be measured.

The earlier an NTD conference can be organised the better the chances are of a positive RTW outcomes. If at all possible organising a NTD conference on the injured workers first visit to the doctor would be recommended.

Rehab Management values the use of NTD conferences as an effective tool in the promotion of:

- Medical certificate upgrades.
- Challenging unhelpful beliefs about function and or work capacity.
- Ensuring goal agreement is reached with key parties.
- Promoting a best case scenario approach to problem solving and

According to the website an office is being established in Western Australia.

[www.rehabmanagement.com.au](http://www.rehabmanagement.com.au)

#### Contacts

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.



functional restoration.

All Rehab Management consultants are trained to chair and negotiate during a case conference, with internal QA measures employed to ensure consistency of performance and of outcomes achieved.

#### Expected Outcome

- NTD case conferences are of benefit to employer/agents who are managing a RTW case and would like clarity from a third party to negotiate with an NTD, thus ensuring transparency in the negotiation process.

#### Rehab Management

#### Occupational Rehabilitation Case Management

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

Occupational Rehabilitation Case Management applies to workers compensation and integrates injury and claims management with a multi-disciplinary, holistic, and cost-effective approach to delivering a durable Return to Work.

For each case, a rehabilitation plan is developed which identifies the assessed needs of the claimant; the goals or outcomes to be achieved; the proposed interventions or strategies to achieve these goals; time frames for achievement; periodic evaluation and reporting; and associated costs.

#### Expected Outcome

Occupational Rehabilitation Case Management is a cost effective system providing a safe and durable return-to-work of an injured worker.

#### Contacts

Currently conducted in New South Wales.  
According to the website an office is being established in Western Australia



## Rehab Management

### One -off Review

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

Rehab Management can provide a one-off single service intervention to complement existing rehabilitation/injury management coordination. Consultation allows the agent or employer to maintain the overall control of the injury management process.

One-off Reviews are conducted by appropriately qualified and experienced consultants with a health discipline aligned to the type of service required. Reviews may include:

- Worksite review and evaluation of current suitable duties, with recommendations for equipment provision, upgrading of work capacity; manual handling or functional education.
- NTD liaison following a worksite review.
- Review with Return To Work Coordinator, or agent to provide advice/strategy with regards to how to best progress a case.

#### Expected Outcome

One Off Reviews are a cost and time efficient complement to existing case management practices. One Off Reviews add benefit when conducted at strategic point during the life of a claim.

#### Contacts

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

## Rehab Management

### Pre-Liability Psychological Assessment

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

A Pre-Liability Psychological Assessment involves a analysis of a workplace stress injury. The investigation covers the circumstances surrounding the injury and comprises of interviews and psychometric testing with the injured

#### Contacts

Currently conducted in New South Wales. According to the website an office is being established in Western



worker and other relevant parties.

It can be requested by employers but is generally carried out on behalf of the Agent to answer questions about the probability that factors in the workplace, rather than in the workers history, are the substantial cause of the injury.

#### **Expected Outcome**

The purpose of this service determines liability for a workplace stress injury. As an added benefit it also provides information related to the effective management of the injury.

#### **Rehab Management**

#### **QuickStart Assessment**

Website: <http://www.rehabmanagement.com.au>

#### **Service Overview**

Early intervention is the key to prevent a reported injury from becoming an expensive claim.

A QuickStart Assessment is a one-off service that can include a brief INA, workplace assessment; NTD and agent liaison; RETURN TO WORK plan and concise report [tailored to your requirements] providing base information on which a decision can be made, whether to lodge the claim or continue with the devised RETURN TO WORK plan internally.

QuickStart assessment is a useful method of controlling rehab costs particularly for employers that manage the claims process in-house.

#### **Expected Outcome**

Rehab Management's QuickStart Assessment aims to reduce the number of reported injuries that progress to a Workers Compensation claim, therefore reducing claims related costs.

#### **Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Aust



## Rehab Management

### Re-deployment Case Management

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

Re-deployment Case Management is assisting an injured worker return to work when unable to return to their pre-injury occupation/job. Re-deployment is job placement to a different employer and is appropriate in cases where:

- Return to pre-injury work has failed.
- Prognosis to pre-injury/modified job is poor.
- Pre-injury position is no longer available.
- Return to pre-injury duties poses a risk to the health and safety of the employee.

#### Expected Outcome

Re-deployment Case Management aims to facilitate the transition from injury to meaningful and durable employment with a new employer in a cost effective and timely manner.

#### Contacts

Currently conducted in New South Wales. According to the website an office is being established in Western

## Rehab Management

### Transferable Skills Analysis [TSA]

Website: <http://www.rehabmanagement.com.au>

#### Service Overview

A Transferable Skills Analysis [TSA] is an assessment of skills and knowledge a person retains throughout their education, employment and a-vocational experience. Transferable skills are work related skills acquired from the actual performance of a job and from learned situations, work and school environments.

TSAs are most beneficial when assessing clients who have a wide range of skills, marketable employment history and who generally do not require

#### Contacts

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formal retraining to re-enter the open labour market.

**Expected Outcome**

A TSA is a cost effective alternative when a full vocational assessment is not required to identify alternative job options for claimants.

**Rehab Management**

**Vocational Assessment**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

A Vocational Assessment takes the workers functional capacity into account and includes recognition of transferable skills, while considering the workers functional limitations and work capacity; and an assessment of labour market information.

A comprehensive report outlines the injured workers vocational options, retraining needs and labour market analysis.

**Expected Outcome**

A Vocational Assessment is used to determine and set vocational goals.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

**Rehab Management**

**Workplace Assessment**

Website: <http://www.rehabmanagement.com.au>

**Service Overview**

A Workplace Assessment is a specialised on-site assessment of the workers pre-injury duties and/or potential suitable duties.

The benefits of a thorough workplace assessment come not only in the form of resolutions to problems identified to be causing or aggravating workplace injuries; but identify preventative options, such as risk assessments, ergonomic advice, and training, to ensure future injuries do not occur.

A workplace assessment is also a useful tool for upgrading medical

**Contacts**

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certificates or sourcing suitable duties.

#### **Expected Outcome**

The aim of the Workplace Assessment is to design an agreeable Return to Work Plan that matches the workers functional capacity. The Return to Work Plan may then compliment occupational rehabilitation, or in itself substitute for a clinically based treatment program.



## Rehab Management

### Ergonomics

Website: <http://www.rehabmanagement.com.au>

#### Content

Rehab Managements Ergonomics training is tailored to the specific needs of your staff and industry. The program is delivered by an experienced Occupational Therapist or Physiotherapist and outlines the principles and importance of correct ergonomics in the workplace, back care and injury prevention.

The training includes OHS legislative requirements; anatomy, posture and biomechanics of injuries; workstation hazards; workstation ergonomic assessment and set-up; risk assessment and management; work fitness and pause stretch exercises.

The participants gain self-reliance and become responsible for applying correct ergonomic principles in the set-up and maintenance of their workstation. Correct ergonomics leads to lower workers compensation costs.

#### Expected Outcome

- Decreased workers compensation costs leading to reduced premiums
- Compliance to OHS legislation
- Increased productivity and performance
- Employee education of injury mgmt / prevention
- Improved staff morale
- Reduced number of injuries

On-site tailored training can be arranged to maximise results. Cost effective public training courses are open to the general public for booking. Available public course dates are located in the Training and Events Calendar.

#### Contacts

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Rehab Management

**Advanced Return to Work Co-ordination**

Website: <http://www.rehabmanagement.com.au>

**Content**

Rehab Managements one day WorkCover accredited program is designed to further develop a Return to Work Coordinators training, education and management of workplace injuries.

Applicants need to have at least six months experience and have completed an Introduction to Return To Work Co-ordination course. This is an interactive course with a focus on strategic case management and managing complex cases.

**Expected Outcome**

Provide further understanding and education to coordinators to ensure best practice return-to-work outcomes.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

Rehab Management

**Healthy Lifestyle Education**

Website: <http://www.rehabmanagement.com.au>

**Content**

Rehab Managements Healthy Lifestyle Education program decreases lost time by improving employees knowledge and lifestyle through education of basic health management, healthy living and healthy working.

**Expected Outcome**

The program empowers employees through increased awareness and practical application; hence improving the working culture and reducing injuries in the workplace.

On-site education packages can be arranged to maximise results.

**Contacts**

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## Rehab Management

### Intro to Return to Work Co-ordination

Website: <http://www.rehabmanagement.com.au>

#### Content

A return to work coordinator is a worker nominated by an employer whose principal purpose is to assist injured workers to return to work in a safe and durable manner. The RTW coordinator ensures that the policy and procedures in an employers return to work program are followed.

Under NSW workers compensation law, Category 1 employers (ie. employers whose basic tariff premium exceeds \$50,000, as well as self insurers, and employers who are insured by a specialised insurer and who employ more than 20 workers) must have a return to work coordinator. Legislation varies in each of the states.

To meet the requirements set out by WorkCover, Rehab Management assists employers to formally train employees as Return to Work Coordinator[s].

#### Expected Outcome

The two day WorkCover accredited program performed by WorkCover registered trainer has been strategically designed to give the necessary tools to successfully implement an effective and comprehensive rehabilitation program.

#### Contacts

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## Rehab Management

### Intro to Workers Compensation

Website: <http://www.rehabmanagement.com.au>

#### Content

Rehab Managements Workers Compensation introduction training is aimed at participants with limited knowledge of the WorkCover scheme in the area of Workers Compensation, Occupation Health and Safety, and Injury Management. Ideal candidates are those starting out in the industry or

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wishing to cross over from allied health or other professions into the industry.

### Rehab Management

### Manual Handling

Website: <http://www.rehabmanagement.com.au>

#### Content

Rehab Management's Manual Handling training packages are customised to each industry and client needs. Each program has a theoretical and practical component ensuring consistent application.

The program covers OHS legislative requirements for manual handling; anatomy and biomechanics of injuries; risk assessment and management; safe manual handling techniques; work fitness and pause stretch exercises.

Rehab Management's qualified training co-coordinator will conduct a risk analysis prior to developing a program, to identify specific tasks and employee requirements.

The Manual Handling training promotes a safe working environment and delivers knowledge and techniques that empowers self-reliance and personal responsibility, which increases production and decreases lost time.

#### Expected Outcome

- Decreased workers compensation costs leading to reduced premiums
- Compliance to OHS legislation
- Increased productivity and performance
- Employee education of injury mgmt / prevention
- Improved staff morale
- Reduced number of injuries

On-site tailored training can be arranged to maximise results. Cost effective public training courses are open to the general public for booking. Available public course dates are located in the Training and Events Calendar.

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Rehab Management  
**OHS Consultation**

Website: <http://www.rehabmanagement.com.au>

**Content**

Rehab Managements OHS Consultation training is WorkCover accredited and provides participants with the knowledge and tools necessary to apply the principles of workplace OHS consultation as a fundamental component of an effective OHS management system.

Developed by WorkCover NSW to meet the training requirements for OHS committees and OHS representatives, as stated in the OHS Regulation 2001.

The course in OHS consultation is designed for:

- OHS committee members
- OHS representatives
- Persons involved in other agreed arrangements

**Expected Outcome**

The information covered on the course will assist OHS representatives to effectively carry out their responsibilities under OHS legislation.

On-site tailored training can be arranged to maximise results.

**Contacts**

Currently conducted in New South Wales. According to the website an office is being established in Western Australia.

Rehab Management  
**OHS Risk Management for Managers**

Website: <http://www.rehabmanagement.com.au>

**Content**

Managing your business risks is vital to any organisations health and growth. This course is designed to familiarise participants with the knowledge and tools to apply the principles of OHS Risk Management as a fundamental component of an effective OHS management system.

The participants gain self-reliance and become responsible for applying and Adhering to correct OHS principles in the workplace.

**Contacts**

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### Expected Outcome

Rehab Managements program provides necessary risk management information to assist in the promotion of safety in the workplace, and the development of appropriate attitudes to enable supervisors to effectively manage health and safety in their areas of responsibility.  
On-site tailored training can be arranged to maximise results.

### Rehab Management Stress Education

Website: <http://www.rehabmanagement.com.au>

### Content

Managing your business risks is vital to any organisations health and growth. This course is designed to familiarise participants with the knowledge and tools to apply the principles of OHS Risk Management as a fundamental component of an effective OHS management system.

The participants gain self-reliance and become responsible for applying and Adhering to correct OHS principles in the workplace.

### Expected Outcome

Rehab Managements program provides necessary risk management information to assist in the promotion of safety in the workplace, and the development of appropriate attitudes to enable supervisors to effectively manage health and safety in their areas of responsibility.  
On-site tailored training can be arranged to maximise results.

### Contacts

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Rehab Management  
**Stress Education**

Website: <http://www.rehabmanagement.com.au>

**Content**

Stress Education focuses on developing and applying appropriate techniques in regards to early detection of stress and conflict within the workplace.

**Expected Outcome**

Stress management / education improves a persons ability to handle stress in their work and personal lives, by lessening the impact of stressors, increasing their resistance and developing their skills in areas which impact on their stress levels.

On-site individual training and group seminars can be arranged to maximise results. Public training courses are available with course dates located in the Training and Events Calendar.

**Contacts**

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